



ICCGE 2017-2018

Nom : Woman, Amen

Chorégraphe : Rob Fowler (January 2018)
Compte :64 Murs :4 Niveau : Improver +
Musique : Woman, Amen by Dierks Bentley
Album : Woman, Amen - Single
Danse soumise par: *Inter-Clubs Country du Grand Est*
Intro: 32 (approx. 16 secs) – BPM: 120 (approx.)

SECT-1 Rock Fwd, Recover & Heel, Hold, & Rock, Recover, ¾ Shuffle Turn

1,2& Rock fwd R, Recover on L, Step R next to L

3,4& Touch L heel fwd, Hold, Step L next to R

5,6 Rock forward R, Recover on L

7&8 Make a ¾ turn R shuffling R,L,R (9 o'clock)

SECT-2 Side Rock, Recover, Heel Jack, Cross, Side, Behind Side Cross

1,2 Rock L to L side, Recover on R

3&4& Cross L over R, Step R to R side, Touch L heel to L side, Step L next to R

5,6 Cross R over L, Step L to L side

7&8 Step R behind L, Step L to L side, Cross R over L(9 o'clock)

RESTART On wall 2(6:00) S2: Change Counts 7&8 to 7,8 Step R Behind L, Step L to L Side,

SECT-3 Side Rock, Recover, Cross Shuffle, ½ Hinge Turn, Cross Shuffle

1,2 Rock L to L side, Recover on R

3&4 Cross L over R, Step R to R side, Cross L over R

5,6 Step R to R side, Make a ½ Hinge Turn L stepping L to L side

7&8 Cross R over L, Step L to L side, Cross R over L (3 o'clock)

SECT-4 Side Rock, Recover, Behind Side Cross, 2 x ½ Pivot Turns

1,2 Rock L to L side, Recover on R

3&4 Step L behind R, Step R to R side, Cross L over R

5,6 Step fwd R, make ½ pivot turn L

7,8 Step fwd R, make ½ pivot turn L (3 o'clock)

SECT-5 Switch Steps, L Sailor Step, R Sailor Step

1&2& Point R to R side, Step R next to L, Touch L heel fwd, Step L next to R

3&4 Touch R heel fwd, Step R next to L, Point L to L side

5&6 Cross step L behind R, step R to R side, step L to L side

7&8 Cross step R behind L, step L to L side, step R to R side (3 o'clock)

SECT-6 Rock Fwd, Recover, ½ Turn Shuffle x 2, L Coaster Step

1,2 Rock forward L, Recover on R

3&4 Make a ½ turn L shuffling L,R,L (9 o'clock)

5&6 Make a ½ turn L shuffling R,L,R (3 o'clock)

7&8 Step back L, Step R next to L, Step fwd L (3 o'clock)

SECT-7 Cross, Side Rock, Recover, Cross Point, Cross, Side Rock, Recover, Cross Point

1&2 Cross R over L, Rock L to L side, Recover to R

3,4 Cross L over R, Point R to R side

5&6 Cross R over L, Rock L to L side, Recover to R

7,8 Cross L over R, Point R to R side(3 o'clock)

SECT-8 Rock Fwd, Recover, ½ Turn Shuffle, 2 x ½ Turns, Shuffle Fwd

1,2 Rock forward R, Recover on L

3&4 Make a ½ turn R shuffling R,L,R

5,6 Make a ½ Turn R stepping back L, Make ½ turn R stepping fwd R

7&8 Step fwd L, Step R next to L, Step fwd L (9 o'clock)

Start Over